



## Wildlife, Tracking & Bushcraft

### Woodlife Trails - Profiles

**P**ablo served in the British Army for 12 years. There he picked up the rudiments of living off the land, field-craft skills and a few survival and tracking skills.

For most of his service he was a Physical Training Instructor and specialised in lowland expedition leading and adventure training. After leaving the



forces, he carried on practicing these survival and wilderness skills as a pastime but related them more to watching wildlife.

Pablo is a life-long wild-life and tracking enthusiast. He is an advanced tracker and was an instructor for the internationally renowned Shadowhawk Tracking School.

Pablo has travelled to Southern Africa to learn tracking from the Ju'/Hoansi Bushmen; Southern Africa's indigenous Hunter Gatherer people and expert trackers.

He has a Master's degree in Learning and Development and a Cert Ed. He is a qualified NVQ assessor and teacher trainer assessor. He has directed strategic groups on corporate Senior Management Development Courses and has designed and delivered learning & development programmes for UK law enforcement agencies in a variety of skill areas.

Pablo writes for "*Bushcraft and Survival Skills*" Magazine" and wrote an article on 'Ticks' which has been published in "*Traditional Naturopathic Remedies and Tips*" by Roderick Lane, M.D.

**J**P Lamoureux is a keen Natural Historian, Bushcraft and Wilderness Living tutor who, encouraged by his parents and inspired by the natural world from an early age, ventured from the cultured beds of his parents back garden, to the wild hedge rows and fields of the farm land which surrounded him.

JP's enthusiasm for ferrets and spiders led to a place for many years on the committee of the Essex Ferret Welfare Society. The Tarantulas took him to the committee of the British Tarantula Society as Welfare Coordinator. As a result, expeditions to Borneo and Sri Lanka found him collecting data and filming natural history footage for National Geographic, where his interest in the every day survival skills used by local tribes and native peoples also took shape (He still keeps Ferrets and Tarantulas to this day).



JP has learnt many skills from 'countrymen' that have now sadly been forgotten to most, but skills which he still practices to in his Essex homeland. He is never happier than when walking about the countryside with his dogs, watching wildlife, hunting or foraging for a meal.

JP has been a Bushcraft instructor with Bearclaw and Bison Bushcraft Schools for 5 years, running courses across the globe and tutoring Air Cadets, Scouts and Guides, and supporting small holders associations and charities such as MIND to name a few. Using nature and bushcraft as a therapeutic tool, JP is also a Volunteer for 'Open Door' which helps children in care, young offenders and potential offenders to deal with the problems today's society throws at them. This is something very close to his heart and he believes nature is the best teacher.

More details at [www.woodlife.co.uk](http://www.woodlife.co.uk)